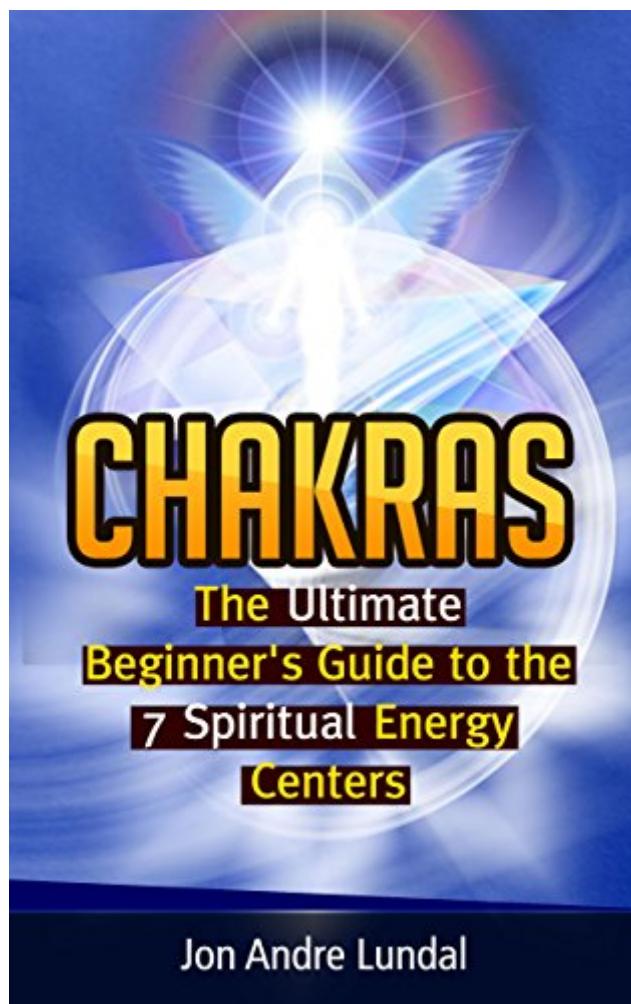


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# Chakras: The Ultimate Beginner's Guide To The 7 Spiritual Energy Centers



## Synopsis

Begin healing and balancing your chakras within 1 hour!Discover the Passion and Energy your Life deservesDo you want to live your life to its full potential? Do you wish for the energy and motivation that you need to fulfill your dreams? Do you wish there was a method that could unlock your gifts, creativity and abundance? Do you want to be more present to enjoy the wonders of life happening all around you? Do you feel like you deserve more from life but are not sure how you are going to get it?Through balancing and healing your chakras you will discover all these things and more. The seven chakras hold the blueprint for a life lived with passion, joy, energy and abundance and you could get started within the next hour!Within this book you will find all the information you need to heal and balance the energy centers that can give you more of all the things you enjoy and love. Through sacred mantras you will be able to locate which areas of your life could use more juice and passion, and you will have the tools to do it with ease!15 Benefits of balancing and healing your Chakras:Increased passion, energy and joy for lifeA keener intuition to guide you towards the greatness you deserveInner peace and abundanceReaching material and professional goalsMore enjoyment of all things life has to offerA deeper understanding of lifeRealizing how unique and great you areOvercoming the past and having the future you truly wantFeeling the Power of NowHow to turn negative experiences into positive onesA heightened and sweetened awareness of realityHealing your body achesGreater self-confidenceBeing able to express yourself fluently and with easeHaving a life that is more than you ever dreamed of!Don't wait for happiness to drift your way - grip it now and invest in your own bright future! Take the first step and do so knowing you have made a great choice. You'll be happy you did!PS: When you purchase the paperback version you immediately receive the Kindle version for FREE!Â

## Book Information

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## **Customer Reviews**

This book promises "...you will find all the information you need to heal and balance the energy centers that can give you more of all the things you enjoy and love." This is a huge promise to make, as there is a mountain of information to convey to the reader. Is this a beginner's guide that will talk about the seven spiritual energy centers? Absolutely. Is there truly enough information to heal and balance the seven energy centers? Possibly, but the going becomes more difficult once one decides to put the author's words into action. For the Heart Chakra, the entire healing section reads: "Listen to what your heart has to say. Face the difficult emotions that have been buried and you will find the light that hides within them." The Third Eye Chakra tells readers they need to be "...visualizing the third eye between your eyebrows." This is extremely basic, and hardly enough information to be helpful. I would like to get started, but I feel I don't have hardly enough information to begin...or what to do if I am able to start. For the low cost of 0.99, the book will give you a brief overview, and one can choose from there to purchase a more in-depth book if you wish to further investigate Chakras. If you already know this is the direction you wish to travel, it might be advisable to proceed directly to a book with greater detail.

A really well written explanatory guide to Chakras and the energy forces and balances. The book explains very simply the seven chakras and how we can use mantras today to change the way we lead and improve our lives. Highly recommended for anyone interested in learning more about their spiritual side and making wholesome change to their lives.

I really like Jon's books. Don't be discouraged from buying them because they are short they are jammed packed with great and useful information that will lead you to what you wish to achieve.

Excellent book on how to work on your chakra and how to balance them. I sincerely recommend this book to everyone that look for something short and simple on this subject.

Good for the beginner! Easy concepts to understand and implement. Simple to start to use everyday with healing or fixing imbalances.

This is one of the best and most informative books I've read in a long time. I highly recommend this to increase your knowledge of chakras.

This was a good book and I learned a lot about the seven energy centers. It was an easy read and flowed nicely.

Great book if you are a beginner with tapping into chakras. Plan on reading next book that author publish. Continue

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